



Upopolis is a safe and secure private online community that connects youth ages 10-18 who are navigating illness and hospitalization. Sibling Island is a private online group within Upopolis for youth who have a brother or sister with a chronic or critical illness, medical condition, or disability.

Upopolis' Sibling Island provides:

- A sense of belonging to a safe, secure, private community so youth can connect with other youth who share the same experiences
- Information about their sibling's diagnosis or condition through age-appropriate and vetted content
- Easily accessible resources that offer tips, activities and information to help youth cope with the feelings and experiences associated with being a healthy sibling

**To join Upopolis, ask a professional for a referral  
or email: [support@upopolis.com](mailto:support@upopolis.com)**

Follow us on social @upopolis



## Why Sibling Island?



- It is monitored daily by a certified child life specialist, a professional with education, experience and knowledge understanding the unique needs of youth related to health care and illness.
- Available content and programming to help youth cope with the experience of being a healthy sibling.
- Access to trusted information provided by organizations that have been vetted by our Upopolis team.
- Self-expression through the sharing of youth stories, posts, and contributions to content.
- Fully accessible online on any device, from anywhere in the world.

### **Youth Safety is the Priority:**

- All users are referred by professionals or members of an organization that have been verified by the Upopolis team.
- Usernames on Upopolis are never anonymous. First names and last initials are used for ALL youth.
- Our team is aware of the content posted and the user activity through reports that are reviewed daily.
- Upopolis users can contact our Upopolis team and the child life specialist at any time if they have questions or concerns about users, posts, or content.

Visit: <https://www.upopolis.com>



email: [support@upopolis.com](mailto:support@upopolis.com)

