



The Upopolis Island offers private groups for youth experiencing life challenges. This secure, private online community has a group that connects youth (ages 10-18) who have experienced the death of a loved one. Upopolis offers youth the opportunity to:

- connect with peers with similar experiences
- to access support and resources from our team of child life specialists
- collaborate with other youth and our team on projects and resource development
- develop leadership skills through volunteering

### **Where does Upopolis content come from?**

Upopolis has a team of child life specialists who work closely with or youth users, our organizations, and our referrers to develop unique content, resources, and programming. In addition, our team of child life specialists seeks out and vet content from reliable resources to share and link on Upopolis. The youth are encouraged to be active participants on the development of all Upopolis resources, providing them an opportunity to advocate for their needs and to share their knowledge and experiences.

**Want to know more?**  
[upopolis@kidshealthlinks.org](mailto:upopolis@kidshealthlinks.org)

## Unique Therapeutic Benefits:

- The Upopolis Island provides a safe and therapeutic online outlet for youth who are grieving the death of a loved one.
- Access to trusted coping and wellness information provided by organizations which has been vetted by our child life specialists and partners.
- Self-expression through sharing their story, posts, contests, and contributions for content; always with the supervision of child life specialists who understand their unique struggles and experiences.

## Youth / Patient Safety is the Priority

- All users are referred by a health care professional, school staff, or member of an organization that has been preapproved and verified by our team.
- Usernames on Upopolis are never anonymous, first names and last initials are used for ALL youth on the platform and can only be changed with the help of an administrator. This increases accountability on the platform.
- Our team is aware of the content posted and the user activity through reports that are reviewed daily. This feature allows our team and the youth to stay engaged with one another.
- Upopolis users can contact our child life team who are active daily on the platform if they have questions or concerns about users or content.

[www.upopolis.com](http://www.upopolis.com)

DEVELOPED IN PARTNERSHIP BY:

